

Dorset Park  
Neighborhood  
Association

416-292-6912 ext 316  
dorsetparkna@gmail.com

# DORSET PARK

## COMMUNITY NEWSLETTER

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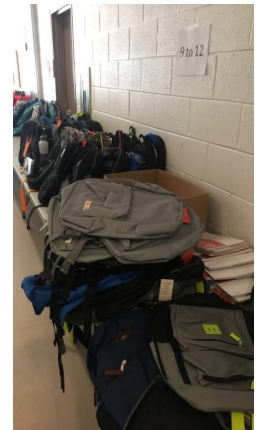
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### 4<sup>th</sup> Annual Project Restore FIBI Back to School event

McGregor Park Community Centre YOW Ernestine partnered up with Project Restore FIBI (Families impacted by incarceration) to host the 4<sup>th</sup> annual Project Restore FIBI Back to School event on August 18<sup>th</sup> 2018 at McGregor Park Community Centre. Project Restore FIBI came into the community and distributed over 100 back packs filled with school supplies to children and youth from the direct community. Members from the McGregor Youth advisory Council worked the event serving popcorn, drinks and helping with overall duties. There was a surprise guest appearance from Louis March of The Zero Gun Violence movement who spoke to everyone about safer communities. Thank you Aisha from Project Restore FIBI for consistently serving the Dorset Park Community and always caring – no strings attached!

Project Restore FIBI IG: @restorefibi  
Zero Gun Violence Movement IG: @zerogunviolence.movement

*Thanks to Ernestine Dunkley*



## Dorset Park Hub Back to School BBQ

On August 25<sup>th</sup>, 2018, Dorset Park Hub partners, community partners and residents hosted a back to school barbeque for the community. Residents contributed many hours of their time and energy for over a month, to ensure the event was well thought out and well planned. Community partners supported residents by contributing their time for planning and offering items that would be used at the event.

We did not get the ideal sunshine you hope for when hosting an outdoor event, instead we received rain and more rain. However, over 230 parents and their children felt it was important to attend rain or shine. It was wonderful to see parents interacting with each other, talking about back to school preparations and summer memories, while their children played together. Back by popular demand, children also enjoyed face painting and henna. The weather had no effect on the children, as they made the most of the event and played out in the rain, a true example of turning your lemons into lemonade! Each family received a backpack filled with supplies, to help with the much anticipated return to school.

The Hub's youth cooking club, *Teen Cuisine*, prepared food the night before and helped serve to families on the day of the event. It was great to see the youth take pride, ownership and responsibility for their contribution towards the event.

Overall, the back to school barbeque was a huge success! It grabbed the attention of residents and community partners, while providing the opportunity for collaboration. Residents have expressed the hope for this event to continue on an annual basis.



*Thanks to Shykara Beals*



## Dorset Park Community Hub

Summer was a busy time at the hub. We had the summer program for children which was attended by more than 50 children 6-12 years old. It was a great success. We also offered 5 different programs for seniors including a cooking program, makeup tutorials and exercise program.

### Happy Women's Club

will be offering four classes in October which will teach the techniques of making nylon flowers and jewellery making. The classes will be offered on Wednesday. Please call us for more information.

### Senior's yoga

We are happy to announce the addition of one more day to the yoga program. Yoga will be offered 5 days a week at the hub. If you are a senior who is 55+ living in the community, please come join the program. This program is offered free of charge.

### Garage Sale

The hub will be having our annual garage sale in November, please check our November calendar for more information.

### Film Festival

The hub is participating in the Comfest film festival this year. We will be viewing films made by Canadian film makers in the Women's English circle in October.

Dorset Park community hub is a one stop shop for the community. The hub has eleven different agencies who are housed under one roof to provide programs and services for the community. Our calendar has all the programs and services we offer here at the hub and it can be seen online at [www.dorsetpark.com](http://www.dorsetpark.com) or you can come by the hub at 1911 Kennedy Road, unit 105 to pick up a copy. Our phone number is 416-22-6912.

*Thanks to Gajay Selverajah*



## Are you looking for a Volunteer opportunity?



Giving Hope Today

We are looking for friendly faces to stand at our Christmas Kettles between Nov 16 – Dec 24, to help us raise funds to help those in need in our community. Please contact Tammy at Scarborough Citadel **416-759-1721 x 714**



## Aisling Discoveries Child and Family Centre

Aisling Discoveries Child and Family Centre is a multi-service child and family agency that provides children's mental health and autism services and programs that support the healthy development of children in east Toronto. We offer two drop in programs here at the Hub on an ongoing basis:

### **CRYING CLINIC: Wednesdays 1:00 to 3:00 pm**

#### ***Walk-in counselling service for families with babies or toddlers ages birth to 3 years.***

Receive counselling support from infant therapists who understand the challenges of parenting young children. We can help you with worries related to babies and toddlers crying, challenging behaviours, irritability, as well as, problems with feeding and sleeping.  
**No appointment is necessary.**

### **Growing Healthy Together: Fridays 9:30 – 11:30 AM**

***A free weekly prenatal program*** for pregnant women in the Dorset Park community who need extra support for a healthy pregnancy. We provide interpretation, TTC tokens, a snack and childminding.

Drop by on Friday at 9:30, or call to register: 416. 321.5464 x 349.

For more information about Aisling Discoveries Child and Family Centre programs and services in general, please connect with us:

[www.aislingdiscoveries.ca](http://www.aislingdiscoveries.ca)

Email: [email@aislingdiscoveries.ca](mailto:email@aislingdiscoveries.ca) Tel: 416. 321. 5464



*Thanks to Loraine Bairstow*

## ATTENTION FRANCHISE OWNERS

RECEIVE UP TO **\$2,000** PER YOUTH HIRED!

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### INTRODUCING THE EMPLOYING YOUNG TALENT INCENTIVE!

A program that helps small businesses (fewer than 100 employees) with their hiring needs.

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Contact **Idil Osman Jama, Employer Services Consultant** at  
Tel: 416-264-2100 x 224  
Email: [ijama@careerfoundation.org](mailto:ijama@careerfoundation.org)  
[www.CareerFoundation.com/EYTI](http://www.CareerFoundation.com/EYTI)

**THE CAREER FOUNDATION**  
Developing Human Potential

The Career Foundation gratefully receives provincial and federal funding. Please visit our website for details.

*\*Company must meet eligibility criteria to access program. Contact us today or visit our website for details.*

**EMPLOYMENT ONTARIO**  
Your job is out there. We'll help you find it.

This Employment Ontario service is funded in part by the Government of Canada and the Government of Ontario.

**WHO CAN APPLY?**

New Roots provides support to Spanish-speaking:

- REFUGEE CLAIMANTS
- CONVENTION REFUGEES
- PERMANENT RESIDENTS
- PROTECTED PERSONS
- RESETTLED REFUGEES
- VULNERABLE NEWCOMERS who live in the city of Toronto

If you are experiencing :

NOSTALGIA  
LONELINESS  
SADNESS  
TROUBLE SLEEPING  
NERVOUSNESS  
LACK OF MOTIVATION  
ANXIETY

We can assist you !

**Nuevas Raíces esta recibiendo nuevos clientes**  
Llámenos al: 416 9771333

**HOW CAN I APPLY?**  
CONTACT US  
416-977-1333  
[www.madisoncs.org](http://www.madisoncs.org)



Madison is wheel-chair accessible.  
Interpretation is available upon request.

**MADISON COMMUNITY SERVICES**  
4th Floor, 400-210 Dundas St W  
Toronto Ontario, M5G 2E8



Ontario  
Ministry of Citizenship and Immigration  
Ministère Des Affaires Civiques Et De L'Immigration



**NEW ROOTS/  
NUEVAS  
RAICES**



**MADISON**  
COMMUNITY SERVICES



**ARE YOU A NEWCOMER TO TORONTO?**  
We support newcomers during their settlement process!

Have you experienced?

- Homesickness and/or loneliness
- Stress
- Sadness
- Trouble sleeping
- Nervousness and anxiety
- Lack of motivation
- Lack of hope for the future

RISE serves:

- Permanent Residents of Canada
- Protected Persons
- Convention Refugees
- Live-In Caregivers
- 16 years of age or older

How can I apply?  
Please call Mariam @ 416-977-1333 ext. 113  
Email: [rise@madisoncs.org](mailto:rise@madisoncs.org)  
[www.madisoncs.org](http://www.madisoncs.org)  
210 Dundas Street West, Suite 400

**Supports & Services**

**INDIVIDUAL SUPPORT**

- With the help of the RISE team:
  - Identify needs and strengths
  - Develop goals and plans
  - Connect with local services and resources
  - Receive support in Arabic, Farsi, Tamil, Amharic and English

**PEER SUPPORT**

- Speak and share your experiences
- Develop connections and friendships
- Learn from others

**INFORMATION SESSIONS & WORKSHOPS**

- Learn about:
  - Housing
  - Social assistance
  - Employment services
  - Canadian health care system and more!

**FUN ACTIVITIES**

- Join us and:
  - Have fun at social recreational activities
  - Get involved in the community
  - Meet new people

## Arabic Speaking Men's Group

This group is for Arabic Speaking Newcomer men who would like to:

- Meet new people
- Play Dominos, cards, Checkers
- Discuss interesting topics
- Enjoy refreshments

If you are interested, please come, invite your friends and enjoy an hour of fun time! Meet at the Dorset Park Community Hub in room 1. For more information, contact: Roni Issa at 647- 497- 6164



**Date:**

Every  
Friday  
(Starting  
July 20th,  
2018)

**Time:**

11am-

If you are a Permanent Resident, please bring your PR card with you. Refreshments will be provided.

**acsa** AG SECRETARY'S ASSOCIATION



**MADISON** COMMUNITY SERVICES

Funded by:  Immigration, Refugees and Citizenship Canada / Financé par:  Immigration, Réfugiés et Citoyenneté Canada

All our services are **free** of cost!

**MADISON** COMMUNITY SERVICES

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 Immigration, Refugees and Citizenship Canada /  Immigration, Réfugiés et Citoyenneté Canada



***Dorset Park Neighbourhood Association***

**Vision:**

We dream of a safe Dorset Park where people know their neighbours, take pride over their community and are able to access programming.

**Priority Areas:**

1. Safety
2. Program/Services

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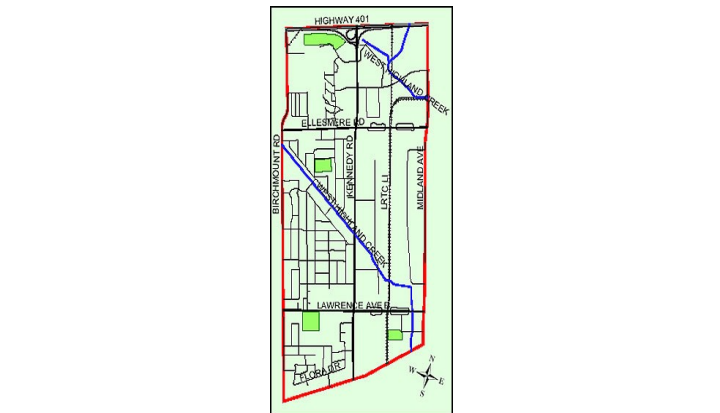
- Priority Areas:**
1. Safety
  2. Program/Services

3. Food Security/Community Garden
4. Employment
5. Communications
- If you would like to get involved please call  
416-292-6912 ext 315

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416-292-6912 ext 315

**www.DorsetPark.com**

## Everything about the Community



## Call for Submissions

The Dorset Park Community Newsletter is calling for submissions focusing on safety, programming, food security/gardening, programs, employment and or other topics of interest to the Dorset Park community. Please email your submission to [gmsan@agincourtcommunityservices.com](mailto:gmsan@agincourtcommunityservices.com)

[gimalsan@agincourtcommunityservices.com](mailto:gimalsan@agincourtcommunityservices.com)

416-292-6912 ext 316

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