

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p>  <p><b>LABOUR DAY</b></p> <p><i>Hub Closed</i></p>	<p>4</p> <p>Senior's Yoga 12:00-1:00 Early ON Drop-In 12:45-2:45 Housing Drop In 1:00 – 4:00</p>	<p>5</p> <p>Early ON Drop-In 9:00 – 11:00 Seniors' Yoga 12:00-1:00 Early ON Drop-In 12:45 – 2:45 Crying Clinic 1:00-3:00</p>	<p>6</p> <p>Seniors' Yoga 12:00-1:00 Early ON Drop-In 12:45-2:45</p>	<p>7</p> <p>Senior's Yoga 9:00 -10:00 Growing Healthy Together Prenatal Program 9:30 – 11:30 Senior's Café 10:15 -12:15 Arabic Speaking Men's Group 10:30-12:00 Cooking Club for Youth 3:00-6:00</p>
<p>10</p> <p>Senior's Artist Project 10:00-12:00 ACCES Employment Support by Appointment 10:00-3:00 Cooking Club 12:30-4:30</p>	<p>11</p> <p>Senior's Yoga 12:00-1:00 Early ON Drop-In 12:45-2:45 Housing Drop In 1:00 – 4:00</p>	<p>12</p> <p>Early ON Drop-In 9:00 – 11:00 Seniors' Yoga 12:00-1:00 Early ON Drop-In 12:45 – 2:45 Crying Clinic 1:00-3:00</p>	<p>13</p> <p>Seniors' Yoga 12:00-1:00 Early ON Drop-In 12:45-2:45</p>	<p>14</p> <p>Senior's Yoga 9:00 -10:00 Growing Healthy Together Prenatal Program 9:30 – 11:30 Senior's Café 10:15 -12:15 Arabic Speaking Men's Group 10:30-12:00 Cooking Club for Youth 3:00-6:00</p>
<p>17</p> <p>Women English Circle 9:30-12:00 Senior's Artist Project 10:00-12:00 ACCES Employment Support by Appointment 10:00-3:00 Cooking Club 12:30-4:30 Dorset Park Neighbourhood Association Meeting 1:00-3:00</p>	<p>18</p> <p>Women English Circle 9:30-12:00 Senior's Yoga 12:00-1:00 Early ON Drop-In 12:45-2:45 Housing Drop In 1:00 – 4:00</p>	<p>19</p> <p>Early ON Drop-In 9:00 – 11:00 Happy Women's Club 10:00-12:00 Seniors' Yoga 12:00-1:00 Early ON Drop-In 12:45 – 2:45 Crying Clinic 1:00-3:00</p>	<p>20</p> <p>Women English Circle 9:30-12:00 Seniors' Yoga 12:00-1:00 Early ON Drop-In 12:45-2:45</p>	<p>21</p> <p>Senior's Yoga 9:00 -10:00 Growing Healthy Together Prenatal Program 9:30 – 11:30 Senior's Café 10:15 -12:15 Arabic Speaking Men's Group 10:30-12:00 DPNA 1:00-3:00 Cooking Club for Youth 3:00-6:00</p>
<p>24</p> <p>Women English Circle 9:30-12:00 Senior's Artist Project 10:00-12:00 ACCES Employment Support by Appointment 10:00-3:00 Cooking Club 12:30-4:30</p>	<p>25</p> <p>Women English Circle 9:30-12:00 Senior's Yoga 12:00-1:00 Early ON Drop-In 12:45-2:45 Housing Drop In 1:00 – 4:00</p>	<p>26</p> <p>Early ON Drop-In 9:00 – 11:00 Happy Women's Club 10:00-12:00 Seniors' Yoga 12:00-1:00 Early ON Drop-In 12:45 – 2:45 Crying Clinic 1:00-3:00</p>	<p>27</p> <p>Women English Circle 9:30-12:00 Seniors' Yoga 12:00-1:00 Early ON Drop-In 12:45-2:45</p>	<p>28</p> <p>Senior's Yoga 9:00 -10:00 Growing Healthy Together Prenatal Program 9:30 – 11:30 Senior's Café 10:15 -12:15 Arabic Speaking Men's Group 10:30-12:00</p>

# OUR PARTNERS



Agincourt Community Services Association is the lead agency for the Dorset Park Community HUB. Programs and Services provided by ACSA

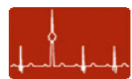
- Newcomer Centre
- Food Bank
- Early Years drop-in
- Computer Class
- Summer Camp
- Sewing Class
- Yoga for seniors
- Senior's cafe



Action for Neighbourhood Change

BUILDING STRONG NEIGHBOURHOODS TOGETHER

Building leadership skills and volunteerism. Building self-empowerment and Capacity to start up your own project/program to serve your community. To build a Neighbourhood Association to lead the improvements in the community.



TORONTO CPR

Red Cross First Aid CPR/AED Training



Creating More Independence

Parent relief program for parents who are experiencing postpartum depression. Extreme clean program (for residents at risk of eviction)



Point of assessment and referral for employment services.



A group of diverse residents working on local issues and projects to empower residents and their neighbours to make a healthier safer community to live in.



Prevention Intervention Reintegration

Records suspension /pardons and domestic violence programs for men in conflict with the law



Support for family members and caregivers who have a loved one with a mental illness of any diagnosis.



School reintegration GED Program



Aisling Discoveries Child and Family Centre

We serve children living with developmental and mental health needs by enhancing emotional capacity and social well-being in partnership with families and communities.



Chinese Canadian National Council Toronto Chapter

An organization that promotes equity, social justice, inclusive civic participation, and respect for diversity.



Debt solution Budgeting Retirement plan

# DORSET PARK COMMUNITY HUB

## September 2018 Calendar

At the HUB, everyone – regardless of language, religion or ability – has equal access to a wide range of free services and supports vital to the wellbeing of the community.

### Programs and Services provided at Dorset Park Community Hub

#### Children

Early ON Child & Family Programs  
Summer Programs

#### Youth

School reintegration  
GED programs  
Workshops

#### Women

English conversational circle  
Cooking club  
Resident engagement  
Records suspension/pardon

#### Newcomer

Settlement counselling  
Information and referrals  
Newcomer orientation  
Online LINC Program  
Skills training and support for licensing & certification

#### Men

Resident engagement  
Anger management  
Records suspension/pardon  
Housing help for men in conflict with the law

#### Seniors

Yoga  
Senior's cafe  
Retirement plan education  
Resident engagement

#### Families

Food bank  
Debt Solutions & Budgeting  
Computer access/program  
Support for family members and caregivers who have a loved one with mental illness of any diagnosis.  
Parent relief program  
Resume development, interview practice and job search skills.  
Prenatal programs, crying clinic,  
Speech and Language Services and Parenting groups  
Mental health and well-being support

Residents from the community can engage through Action for Neighbourhood Change (ANC) to build leadership skills and volunteerism. Come be part of the Dorset Park Neighbourhood Association.

105-1911 KENNEDY ROAD, SCARBOROUGH ON M1P 2L9

Tel: 416-292-6912 Fax: 416-292-6913

Email: Info@dorsetpark.com

Hours of Operation: Monday – Friday 9:00am – 6:00pm

Stay connected!

Website <http://www.dorsetpark.com/>

ACSA on facebook [www.facebook.com/AgincourtCommunityServices](http://www.facebook.com/AgincourtCommunityServices)

Follow ACSA on Twitter [www.twitter.com/ACSAtoronto](http://www.twitter.com/ACSAtoronto)

