

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|---|--|
| What's New This Month1.Job Search Club2.Adult Cooking club3.Youth Cooking Club4.Cultural Dance Classes5.Crying clinic (by Aisling Discoveries)6.Growing Healthy Together Prenatal F | P rogram (by Aisling Discoveries) | | 1 Women's English Circle 9:30-12:00 Seniors' Yoga 12:00-1:00 Early Years Drop-In 12:45-2:45 Job Search Club 1:00 – 4:00 JHS Group 5:30-7:30 | 2 Seniors' Yoga 9:00 -10:00 Growing Healthy Together Prenatal Program 9:30 – 11:30 Seniors' Café 10:00 -12:00 |
| 5 Women's English Circle 9:30-12:00 ACCES Employment 1/1 Support 9:30-12:00 Seniors' Café 10:00-12:00 Housing Drop-In 1:00-4:00 Crying Clinic 1:00 – 3:00 | 6 Women's English Circle 9:30-12:00 Early Years Drop-In 12:45-2:45 JHS Group 5:30-7:30 | 7 Early Years Drop-In 9:00-11:00 Seniors' Yoga 12:00-1:00 Early Years Drop-In 12:45-2:45 ACCES Employment 1/1 Support 1:30-4:30 Cultural Dance Classes 1:30 – 3:30 | 8 Women's English Circle 9:30-12:00 Seniors' Yoga 12:00-1:00 Early Years Drop-In 12:45-2:45 Job Search Club 1:00 – 4:00 JHS Group 5:30-7:30 | 9 Seniors' Yoga 9:00 -10:00 Growing Healthy Together Prenatal Program 9:30 – 11:30 Seniors' Café 10:00 -12:00 |
| 12 Women's English Circle 9:30-12:00 ACCES Employment 1/1 Support 9:30-12:00 Seniors' Café 10:00-12:00 Housing Drop-In 1:00-4:00 Adult Cooking Club 1:00- 4:00 Crying Clinic 1:00 – 3:00 | 13 Women's English Circle 9:30-12:00 Early Years Drop-In 12:45-2:45 JHS Group 5:30-7:30 | 14 Early Years Drop-In 9:00-11:00 Seniors' Yoga 12:00-1:00 Early Years Drop-In 12:45-2:45 ACCES Employment 1/1 Support 1:30-4:30 Cultural Dance Classes 1:30 – 3:30 | 15 Women's English Circle 9:30-12:00 Seniors' Yoga 12:00-1:00 Early Years Drop-In 12:45-2:45 Job Search Club 1:00 – 4:00 JHS Group 5:30-7:30 | 16 Seniors' Yoga 9:00 -10:00 Growing Healthy Together Prenatal Program 9:30 – 11:30 Seniors' Café 10:00 -12:00 Youth Cooking Club 3:00 - 6:00 |
| 19 Women's English Circle 9:30-12:00 ACCES Employment 1/1 Support 9:30-12:00 Seniors' Café 10:00-12:00 Housing Drop-In 1:00-4:00 Adult Cooking Club 1:00- 4:00 Crying Clinic 1:00 – 3:00 DPNA meeting 1:00 – 3:00 | 20 Women's English Circle 9:30-12:00 Early Years Drop-In 12:45-2:45 JHS Group 5:30-7:30 | 21 Early Years Drop-In 9:00-11:00 Seniors' Yoga 12:00-1:00 Early Years Drop-In 12:45-2:45 ACCES Employment 1/1 Support 1:30-4:30 Cultural Dance Classes 1:30 – 3:30 | 22 Women's English Circle 9:30-12:00 Seniors' Yoga 12:00-1:00 Early Years Drop-In 12:45-2:45 Job Search Club 1:00 – 4:00 JHS Group 5:30-7:30 | 23 Seniors' Yoga 9:00 -10:00 Growing Healthy Together Prenatal Program 9:30 – 11:30 Seniors' Café 10:00 -12:00 Youth Cooking Club 3:00 - 6:00 |
| 26 Women's English Circle 9:30-12:00 ACCES Employment 1/1 Support 9:30-12:00 Seniors' Café 10:00-12:00 Housing Drop-In 1:00-4:00 Adult Cooking Club 1:00- 4:00 Crying Clinic 1:00 – 3:00 | 27 Women's English Circle 9:30-12:00 Early Years Drop-In 12:45-2:45 JHS Group 5:30-7:30 | 28 Early Years Drop-In 9:00-11:00 Seniors' Yoga 12:00-1:00 Early Years Drop-In 12:45-2:45 ACCES Employment 1/1 Support 1:30-4:30 Cultural Dance Classes 1:30 – 3:30 | 29 Women's English Circle 9:30-12:00 Seniors' Yoga 12:00-1:00 Early Years Drop-In 12:45-2:45 Job Search Club 1:00 – 4:00 JHS Group 5:30-7:30 | 30 Hub Closed Good Friday |



Agincourt Community Services Association is the lead agency for the Dorset Park Community HUB. **Programs and Services** provided by ACSA

- **Newcomer Centre**
- Food Bank .
- Early Years drop-in
- **Computer Class**
- Summer Camp
- Sewing Class
- Yoga for seniors
- Senior's cafe



BUILDING STRONG NEIGHROURHOODS TOGETHE

Building leadership skills and volunteerism. **Building self-empowerment** and Capacity to start up your own project/program to serve vour community. To build a Neighbourhood Association to lead the improvements in the community.



Red Cross First Aid CPR/AED Training



Home HealthCare Creating More Independence

Parent relief program for parents who are experiencing postpartum depression. Extreme clean program (for residents at risk of eviction)

ACCES EMPLOYMENT

Point of assessment and referral for employment services.



A group of diverse residents working on local issues and projects to empower residents and their neighbours to make a healthier safer community to live in.

ohnHoward

SOCIETY OF TORONTO Prevention Intervention Reintegration

Records suspension /pardons and domestic violence programs for men in conflict with the law



Support for family members and caregivers who have a loved one with a mental illness of any diagnosis.



School reintegration **GED Program**



Aisling Discoveri

We serve children living with developmental and mental health needs by enhancing emotional capacity and social well-being in partnership with families and communities.



An organization that promotes equity, social justice, inclusive civic participation, and respect for diversity.



Retirement plan

DORSET PARK COMMUNITY HUB March 2018 Calendar

At the HUB, everyone - regardless of language, religion or ability - has equal access to a wide range of free services and supports vital to the wellbeing of the community.

Programs and Services provided at Dorset Park Community Hub

Children

Early Years programs Summer Programs

Youth School reintegration

GED programs Summer programs

Women

English conversational circle Resident engagement Records 1suspension/pardon

Newcomer

Settlement counselling Information and referrals Newcomer orientation **Online LINC Program** Skills training and support for licensing & certification

Men

Resident engagement Anger management Records suspension/pardon Housing help for men in conflict with the law

Seniors Yoga

Senior's cafe Retirement plan education Resident engagement

Families

Food bank **Debt Solutions** Budgeting Computer access/program Support for family members and caregivers who have a loved one with mental illness of any diagnosis. Parent relief program Resume development, interview practice and job search skills. Prenatal programs, crving clinic, Speech and Language Services and Parenting groups

Residents from the community can engage through Action for Neighbourhood Change (ANC) to build leadership skills and volunteerism. Come be part of the Dorset Park Neighbourhood Association.

105-1911 KENNEDY ROAD, SCARBOROUGH ON M1P 2L9 Tel: 416-292-6912 Fax: 416-292-6913

Email: Info@dorsetpark.com

Hours of Operation: Monday – Friday 9:00am – 6:00pm







Citizenship and Immigration Canada

Citoyenneté et Immigration Canada

Website http://www.dorsetpark.com/ ACSA on facebook www.facebook.com/AgincourtCommunityServices Follow ACSA on Twitter www.twitter.com/ACSAtoronto

Stay connected!





Debt solution Budgeting