

DORSET PARK

COMMUNITY NEWSLETTER

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FREE HAIRCUTS & BRAID UPS AT THE YOUTH AGAINST VIOLENCE BASKETBALL TOURNAMENT

A Youth Against Violence Tournament took place at Ellesmere Community Centre on December 27th and 28th 2017. Youth leaders and youth councils from the Dorset Park Community helped to plan and deliver the event. Six teams from across The City of Toronto played basketball in honor of those who have lost their lives to gun violence. The event attracted over 400 youth (over the 2 days). During this event, Fatimah a youth braider from Glamorgan gave free braid ups and barber GT gave free haircuts. Together they provided over 30 new hair styles to participants and spectators. The event was hosted by City of Toronto Youth Outreach Worker Ernestine Dunkley and sponsored by: Zero Gun Violence Movement, Author and Life Coach Danny Stone, Woodgreen Rites of Passage, NBA, Raptors, Reebok and Project Restore FIBI. Special thanks to all who stopped by to cheer on the youth and spend the chilly holidays with us!

Thanks to Ernestine Dunkley

ENGLISH CIRCLE FOR WOMEN

Inspire • Achieve • Belong • Empower

Practice Your English for **Free**

AT DORSET PARK COMMUNITY HUB
1911 Kennedy Road unit #105
Mondays, Tuesdays and Thursdays
9:30 am.-12:00 p.m.

AT MCGREGOR COMMUNITY CENTER
2231 Lawrence Ave East, Scarborough

Wednesdays and Fridays
9:30 am. - 12:00 pm.

Free Childcare "for children 18 months and up"
Starting in January 15th, 2018

For more information please call,
Suganthine 647-628-7406

Come and join it's a lot of fun



Dorset Park Community Hub

Senior's Yoga program will be starting again as of February. The program is offered three times a week, Wednesday, Thursday and Friday. Yoga is a great way to destress and keep healthy so come and join the program.

Tax Clinic - Our annual tax clinic will start in February. Please call and make an appointment to do your taxes if you are single making up to 30,000 or a family making up to 40,000. The tax clinic will run from February to March 2018.

ACCESS Employment – resume and employment help is offered by one of our partner agencies (ACCESS Employment) on Mondays and Wednesday by appointment only. Please call us to make an appointment.

Financial Literacy Workshops We will be offering some financial literacy workshops in the upcoming months. Please give us a call to find out more.

The Hub is located at 1911 Kennedy Road, Unit 105, and is open Monday to Friday from 9 am to 6 pm. Come in for a visit, call 416-292-6912 or visit www.DorsetPark.com for more information!

Thanks to Gajay Selverajah

Strengthening the Community Hub Model Project

Strengthening the Community Hub Model (SCHM) aims at exploring new avenues of collaboration between community partners and residents. Collaborative engagement, opportunities in employment, education and personal growth will develop through:

Training & Certification

Knowledge Transfer Sessions & Events

Intentional Mentorship & Coaching

Upcoming Events: Cooking Club at the Hub: March 2018, Public Speaking Series: April/May 2018
Employment Readiness Series: May/June 2018, Ongoing Training and Certification
Supports

For further information, please contact 416-292-6912 ext.308 or bshyra@agincourtcommunityservices.com.

Thanks to Skykara Beals

2017 Neighbourhood Grant

Congratulations! Two community projects have been recommended for funding by Toronto residents and Neighbourhood Planning Table members, and approved by the City.

DPNA Open House Engagement

The goal of this event is to have an open house and introduce Dorset Park Neighbourhood Association (DPNA) to the community. Members will engage the community and share with them the purpose, mission and vision of the association. The community will be able to get support, resources and overall knowledge of the neighbourhood and supports available. The members will be presenting a historical timeline of DPNA and the community so people know the history and the potential future. Capacity building, trainings and community supports will be available

Thanks to Rikaza Fazly and Team

Spring into Healthy Living Event

The Windy Way garden members will hold nutritional workshops creating assorted shakes to make healthy nutritious drinks that can easily be made at home. We will have Toronto Public Health (TPH) do a workshop on the importance of healthy eating and choosing healthier food.

Gardening event will include a diaper demo for everyone, a kids demo on seed starting and sprouting and composting demo: Showcasing different types of composting and which is best for your situation.

A BBQ to also engage the community, and increase membership and assign new plots for the veggie and flower garden will be hosted. This will allow residents to grow their own food and create a beautiful community.

Thanks to Helen Clyke and Team

Workshop: Effective Tax Strategies

- Understanding the Canadian tax system
- Understanding the basic tax laws
- Learn how to minimize the amount of tax you need to pay



Friday, February 23, 2018

1:00 – 2:30 pm

At the Dorset Park Community HUB
(1911 Kennedy Road, unit 105)

Please call 416-292-6912 ext.300 to register
for the workshop.



acsa AGINCOURT COMMUNITY SERVICES ASSOCIATION

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FINANCIAL EMPOWERMENT AND PROBLEM SOLVING (FEPS) PROGRAM

FREE TAX CLINIC

March 1st 2018 – May 5th 2018
BY APPOINTMENT ONLY



Agincourt Community
Services Association
(Monday to Saturday)
100-4155 Sheppard Ave East,
Scarborough, M1S 1T4
☎ 416-321-6912 ext. 221

ELIGIBILITY

Maximum income levels:
Single: Up to **\$30,000**
Family: Up to **\$40,000**

We do not prepare returns for clients who:

- have self-employment income
- have business income and expenses
- have rental income and expenses
- have capital gains or losses
- have employment expenses
- filed for bankruptcy
- are deceased in the year
- Interest income more than \$1000

Dorset Park Community
Hub (Tues, Wed and Sat)
1911 Kennedy Road, Unit 105
Scarborough, M1P 2L9
☎ 416-292-6912 ext. 300

Chester Le Community
Corner (Thursday)
201 Chester Le Blvd, 2nd floor
Scarborough, M1W 2K7
☎ 416-491-3456 ext. 400

www.agincourtcommunityservices.com/FEPS

The Financial Empowerment and Problem Solving (FEPS) Program is supported by the Government of Ontario and is provided in partnership with West Neighbourhood House, Jane/Finch Centre, Agincourt Community Services Association, The Working Centre and Prager Canada.

Blue Lights On presents Autism Awareness Fun Fair



*"I don't look at Autism as a disability
I look at autism as an ability to learn
differently." Sherene Lowe*

Autism now affects 1 in 68 children

Boys are four times more likely to have autism than girls

40% of children with Autism are non-verbal

No two people with Autism are alike

Facts provided from the National Autism Association

Friday April 6th, 2018

4:30pm- 6:00pm

Dorset Park Community Hub

1911 Kennedy Road Unit 105

About us

Blue Lights On, is an after school program that is designed to welcome and reach out to all families living with autism. We hope to give parents a chance to share their lived experience with autism while having that well deserved tea or coffee. As the children enjoy the ultimate playdate.

Mission

It is with every intention that Blue Lights On aka the Snoezelen Room will bring knowledge to those who are unaware of how many people in their community are living with autism. A sense of empowerment for those who live with autism and lastly a united platform for everyone to embrace, stand behind and accept those that live with autism.

What is PSI?
The Priority Schools Initiative is a joint project between the Toronto District School Board (TDSB) and the Ministry of Education aimed at making TDSB schools accessible to the community by providing free space in designated PSI schools.

Objectives:
Increase access to space for community organizations to provide quality, affordable afterschool programs for students, parents and their community.
To improve overall student achievement by addressing programming service gaps in priority neighbourhoods.

Program Focus:

- Sports and recreation
- Educational
- Parenting and low income support
- Health and wellness
- Leadership, arts and culture
- Community services
- Settlement
- Aboriginal focused
- Programs for special needs

Permit Hours:
Weekdays: 6 pm to 10 pm
Saturdays: 8 am to 10 pm
Sundays: 8 am to 3 pm
March Break: Weekdays 9 am to 5 pm
Summer: Weekdays 9 am to 5 pm


Eligibility Criteria:
Free space will be given to not-for-profit community-based organizations that meet the following basic requirements:

- Offer free or subsidized programs
- The program is open to everyone in the community and has 70% of participants reside in the community
- Serve a unique need or address a service gap in the community
- Have adequate supervision (i.e. comparable staff to participant ratio)
- Committed to ensuring a safe school environment and willing to abide by TDSB's code of conduct and mission statement



COMMUNITY USE OF SCHOOLS

"Our School. Our Community."

Priority Schools Initiative (PSI)

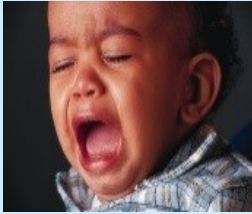


www.tdsb.on.ca/Community/UseofSchool



Aisling Discoveries Child and Family Centre

Aisling Discoveries Child and Family Centre is a multi-service child and family agency that provides children's mental health and autism services and programs that support the healthy development of children in east Toronto. We are excited to be an anchor partner at the Dorset Park Hub! We will be offering several programs and services here at the Hub on an ongoing basis:



CRYING CLINIC: Mondays from 1 to 3 pm

WALK-IN counselling service for families with babies or toddlers ages birth to 3 years.

Receive counselling support from infant therapists who understand the challenges of parenting young children. We can help you with worries related to babies and toddlers crying, challenging behaviours, irritability, as well as, problems with feeding and sleeping. **No appointment is necessary.**

Early Abilities Preschool Speech and Language Program: Thursdays.

Services include: assessment, consultation to parents, community-based children's programs (e.g. Early ON program at the Hub), and more. For more information or to register for our services please visit our website at tph.to/early-abilities or call 416. 338. 8255. Services are available to children from birth to school entry. If your child was born in 2014, please register before the August 31, 2018 deadline. OHIP is not required.

Growing Healthy Together: Fridays

A *free weekly prenatal program* for pregnant women in the Dorset Park community experiencing a variety of risk factors, including low income, newcomer status, or poor nutrition who need extra support for a healthy pregnancy. We provide interpretation, TTC tokens if needed, a snack and childminding. Drop by on Friday at 9:30, or call to register: 416. 321.5464 x 349. Growing Healthy Together also offers several *parenting groups throughout the year* on Friday afternoons; call 416. 321.5464 x 531 for more information.

For more information about Aisling Discoveries Child and Family Centre programs and services in general, please connect with us:

www.aislingdiscoveries.ca Email: email@aislingdiscoveries.ca Tel: 416. 321. 5464

Thanks to Loraine Bairstow

Dorset Park Neighbourhood Association

Vision:

We dream of a safe Dorset Park where people know their neighbours, take pride over their community and are able to access programming.

Priority Areas:

1. Safety
2. Program/Services

3. Food Security/Community Garden

4. Employment

5. Communications

If you would like to get involved please call
416-292-6912 ext 315

www.DorsetPark.com

Everything about the Community



Call for Submissions

The Dorset Park Community Newsletter is calling for submissions focusing on safety, programming, food security/gardening, programs, employment and or other topics of interest to the Dorset Park community. Please email your submission to

gmlsan@agincourtcommunityservices.com

416-292-6912 ext 316

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Action for Neighbourhood Change

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