

Dorset Park Neighborhood Association

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DORSET PARK

COMMUNITY NEWSLETTER

Rosalie Hall Clothing Youth Clothing Bank

On Friday July 8th – Rosalie Hall will be hosting its annual Youth Clothing Bank which services young people between the ages of 13-24 living in the Dorset Park and the surrounding communities.

The clothing bank is a free event which gives youth, young parents and families an opportunity to access free new and gently used clothes. Once again, the Dorset Park Community Hub graciously hosted this initiative which took place from 12:30 pm - 4:30 pm.

A very special thank you goes out to all the youth volunteers who supported this event to make it possible.

Dorset Park Day

Dorset Park Day is a FREE fun-filled event for the whole family featuring a BBQ, bounce castle, competitions, and much more!

Come out to this year's event on **Saturday, July 16 from 12 pm - 4pm at McGregor Park Community Centre (2231 Lawrence Ave E).**

This is the 8th annual Dorset Park Day, thanks to the generous support of our community partners and residents.

Community Food Works Training Program



*Are you **WORKING** or **LOOKING FOR WORK** in the **FOOD SECTOR**?*

Interested in finding out about this **FREE 21 hour training program**?

Community Food Works will provide food handlers, nutrition, and employment supports, and much more!

Starts in July 2016

SPACE IS LIMITED!
To register, please contact:
Kashun Jeyaraj, Network Animator at
(416) 292-6912 ext 316, or email
kjeyaraj.dpnetwork@gmail.com

TTC Refreshments | Child Minding



DORSET PARK DAY

COMMUNITY CELEBRATION

When: Saturday, July 16, 2016
Time: 12pm - 4pm
Where: McGregor Park Community Centre
(2231 Lawrence Avenue East)
PARKING IS LIMITED

BUS SCHEDULE: PICK UP from 6 Glamorgan
PICK UP @ 11:30am & 12pm; DROP OFF @ 4pm & 4:30pm





BBQ – First Come First Serve
Food will be served between 12pm – 4:30pm

- Music and Performances
- Bounce Castle and Fire Truck
- Face Painting & Henna
- Children's Balloon Show
- Community Resources and Information
- Games and Crafts
- Emergency Disaster Services Vehicle
- Fun for all ages

For more information, please call (416) 292-6912 ext. 316 or (416) 396-4023
Accepting donations to Dorset Park Hub's Food Bank and
Used CFL light bulbs at Toronto Hydro's booth
Help us make keep our event **GREEN!** Keep your car at home



Rosalie Hall Presents: YOUTH CLOTHING BANK

SUMMER

SHOW-UP & SHOP.
No registration required.
FREE FREE FREE FREE FREE!!!!

FRIDAY July 8th
1911 Kennedy Road – Dorset Park Community Hub
(Kennedy & Ellesmere)
1:00pm – 4:30pm



For more information contact: Michael
mkisi@rosaliehall.com
416.438.6880 x274

TARGETED TO YOUTH AGES 13–25

Dorset Park Community Hub

The Dorset Park Hub is a place where everyone has equal access to a wide range of programs; services and supports.

Summer is fast approaching and the Hub will be buzzing with many activities

Canadian Film Day

On April 20th the Hub participated in the National Canadian Film Day Event. The Film shown at the Hub was titled Welcome to Canada. The documentary showcased a unique immigration experience to Canada's East Coast. The National Canadian Film Day is a one day celebration of Canadian culture through film. The event was hosted by Reel Canada.

HSBC Event

On May 14th the Hub in partnership with ABC Life Literacy Canada and HSBC held a literacy event to bring parents and children together to practice literacy. The event was attended by over 30 families. Families participated in a number of literacy related activities facilitated by HSBC volunteers and ABC staff. There were refreshments, giveaways and lots of fun activities.

ACSA AGM - The Hub also hosted ACSA's Annual General meeting on June 7th

Job Fair for Newcomers – In partnership with ACCES Employment the Hub hosted a job fair for newcomers. Over 69 participants attended this event and a number of employers were present, letting participants know about job opportunities at their companies

Summer Program - The Hub will host a summer program for children ages 6-12. The program will run for one month starting on July 18th and ending on August 15th.

The Bridge Event – on June 29th at 7:30pm the Hub hosted The Bridge Event an evening of music and spoken word. This was an open mic event, persons came to play or share their spoken word or just listen.

To learn more, you can stop by the Hub at 1911 Kennedy Road, Unit 105 from 9am to 6pm Monday to Friday or you can call 416-292-6912



VHA Home Healthcare

VHA Home Healthcare is looking for volunteers to help with families in the Scarborough area. We currently have an opening for **Parent and Child Support Volunteers**.

The volunteer will visit the family's home weekly for 3 hours. You will provide support to mom and involve the children in activities that lead to healthy development. Most of our moms are at risk for post-partum depression or have been diagnosed with it. They are isolated, have little or no support and face many challenges. As a volunteer you will listen to the client and help link her to resources in the community. You'll also accompany her and her children on outings.

As a volunteer you'll visit the family for three months and then will be matched with a different family so you get a chance to experience different situations and challenges.

If you or someone you know is interested, please contact Roseanna Wirt at 416-489-2500 ext. 4327 or rwirt@vha.ca.

Happy Women's Club

Our Happy Women's Club came to an end on June 1st. Women were happy to join the group. We did fun activities, arts and crafts, cooked healthy recipes and workshops about women's health.

We are happy to announce that the program will continue in the summer and the fall of 2016. The summer schedule will be every Wednesday from July 20 to August 10. The fall schedule will be announced later.

Join our group and be a part of our big family.



A program of the Family Association for Mental Health Everywhere (FAME)

Next FAMEkids Program: Scarborough

Mondays from 4:00 pm to 6:00 pm
October 17 - December 19, 2016
1911 Kennedy Rd., Room 3, Scarborough M1P 2L9
(Dorset Park Community Hub)

What is FAMEkids™? It is a free, 10-week program for children aged 7-12 years old, who have a family member with a mental illness. FAMEkids™ helps kids learn about mental health in an age-appropriate manner and equips them with coping skills through artwork, discussion and games in a safe, kid-friendly environment. A nutritious meal is provided.

FAMEkids™ helps children to:


- Identify and express feelings in a safe environment
- Explore healthy coping strategies
- Gain accurate knowledge about mental illness
- Develop personal support networks
- Promote resilience and develop an operational action plan

Register before Monday, October 3, 2016

Registration is required. Please contact:

Nicole Levy
FAMEkids Coordinator &
Youth Support Worker
nicole@fameforfamilies.com
416-207-5032 ext. 26

famekids.ca fameforfamilies.com



Town Hall

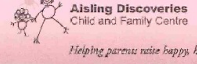
In the year of the gun (2005) we lost 52 lives to gun violence. By the end of 2016 we may lose even more lives.

The Toronto Youth Equity Strategy (YES)'s Community Panel & Policy Table, in partnership with the Toronto Youth Cabinet (TYC) invite youth, youth workers and community partners to a Town Hall on what the City of Toronto can do about recent violence in our city.

- What is the City currently doing to prevent and address violence impacting youth?
- What should the City be doing more of?
- What is the City currently not doing, but should be doing?

Monday July 18, 5:30 to 8:00 pm
Toronto City Hall, Council Chambers
100 Queen St. West, Toronto

toronto.ca/youthdev | toronto.ca/youthto
toronto.ca/youthcabinet | thetyc.ca



Ready to Learn

*Free for Parents & Children from 3-5 years old

Is your child starting Kindergarten or daycare in September?

The primary focus of this group would be to teach children the skills necessary to participate in group activities. Through a variety of play based activities children will learn to share, solve problems, practice following instructions, and attending to teacher.

Caregivers will have a chance to address any parenting concerns.

Snack will be provided
Childminding will be provided

WHEN: 1:30pm - 3:00pm every Friday
From July 8th to August 12th, 2016

WHERE: Dorset Park Community Hub
1911 Kennedy Rd #105, Toronto, ON M1P 2L9

Contact us to register:
Lorita Latack 416-321-1445 ext. 531

*Registration is required and numbers are limited

www.aislingdiscoveries.ca

T.I.E.R.R. Project from 2013 – 2016. Here are some highlights in Dorset Park

- METRAC safety audit trainings offered, and audits completed in the community to create a priority list of safety concerns the group worked with community partners to resolve.
- Organizing a pedestrian awareness campaign, presenting a speed hump petition to the local councillor.
- A shade area and huge rocks in Glamorgan Park. Special thanks to Parks and Recreation staff.
- Employment opportunities for residents to become Safety Animators.
- Safety event in Glamorgan Park summer 2015
- Building positive relationships with the police, holding monthly safety meetings with the police, attending monthly Community Police Liaison Committee (CPLC) meetings to connect with 41 division, and attending Safety Week.
- Home Alone workshop in June 2016 to prepare children age 10 – 14 to be home alone.
- Becoming more involved in their community, taking on leadership roles and advocating for positive changes in their communities.

I would like to thank the Dorset Park Safety Ambassadors, partners, and Dorset Park Staff for committing to the project over the last 3 years. Without them there would be no project or changes.

Safety in the Park



Women's English Circle Story

My name is Valliamai. I have been living in this community for 25 years. I started coming to the English Circle since September 2015 until now. After my husband died I was at home doing nothing. I became very lonely. But someone told me about this class and I started coming.

It has helped me a lot. I am able to meet new people and make friends so I am not feeling so lonely anymore. We talk and laugh a lot. I learn about their culture and I tell them about mine. Our teachers are very kind and patient. They treat us with respect, they even take us on trips sometimes. I love coming to the English Circle, my English is improving day by day and I am feeling more confident to speak when I go out in public.

I am thankful for the Hub, the English Circle, the people I meet and my teacher !

Women's English Circle

We would like to say thank you to everyone who participated with our circle and supported our program. Our numbers continue to grow with 72 registered ladies and 20 children in both locations. This year we hired two ECA's for the circle. They graduated from our English Circle.

The English Circle will start again on Monday September 12th, 2016 at the Dorset Park Community Hub. Classes will be on Monday, Tuesday, Thursday 9:30 am – 12 pm. At the McGregor Community Center it will start on Wednesday September 14th, 2016. Classes will be Wednesday and Thursday 9:30 am – 12 pm. For more information please contact Suganthine at 647-628-7406.

Celebrations:

- 2016 Spring Party on June 10th, 2016.
- Baby shower for our staff, ECA, Fowzia and our committed volunteers bridal shower. Our Fowzia got a baby girl.
- March 8th International Women's Day.
- Mother's day: Our ECE and ECA's celebrate mother's day with our children.

Workshops:

In February we collaborated with the Newcomers' Center to have a tax clinic for our women, where they learned the benefits of doing taxes. After this workshop, Toronto Employment and ACCES Employment gave us some good information about job search and resumes. ACCESS employment also spoke about their women's program.

We had a City of Toronto poverty reduction consultation. We were asked how can we build an advisory group for our Neighbourhood? And what are the key needs for the community? So our team took notes to sent it to city hall (with Laura's help for submission). We also participated in the City of Toronto's TTC Fare Transit Equity Survey , filling out surveys to improve our TTC service & to get affordable fare prices.

We collaborated with ACSA's Early Years Family Center to get free training for our ECE and ECAs. They attended an 8 week program. They built more knowledge and techniques about working with younger children.

Summer:

Again we are collaborating with ACSA's Early Years Family Center to run summer kindergarten readiness program at Glamorgan Junior Public School. Only 2 week's program starting from mid July - August. We will be having 20 kids each week. Our ECE will work with them.

Summary:

Many ladies have started to join other program in the Hub and are using the services here. Our beginners class staff Mohiba found a nice job as well as some of our ladies: Indrani, Mona, Krishanthini got a job. This year we got a handful volunteers to help our ladies. Students from George brown & UofT: Areeba, Roxanna, Amanda, Hana, Mina, Patricia. They were helping our ladies to get better understanding in the subjects and feel free to ask more questions and answer. Also Amanda and Roxanna created a survey for our ladies. Patricia one of our student volunteers, recently took over Mohiba's position our basic level class. She has been a real asset. Best attendance for this team: Raja, Valliamai, Faten, Searan and Sumia.

We are starting again on September 12th, 2016

Dorset Park Neighbourhood Association

Vision:

We dream of a safe Dorset Park where people know their neighbours, take pride over their community and are able to access programming.

Priority Areas:

1. Safety
2. Program/Services

3. Food Security/Community Garden

4. Employment

5. Communications

If you would like to get involved please call
416-292-6912 ext 315

www.DorsetPark.com

Call for Submissions

Everything about the Community



The Dorset Park Community Newsletter is calling for submissions focusing on safety, programming, food security/gardening, programs, employment and or other topics of interest to the Dorset Park community. Please email your submission to

gmlsan@agincourtcommunityservices.com

416-292-6912 ext 316



Action for Neighbourhood Change

Supported by

