Dorset Park Neighborhood **Association**

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DORSET PARK

COMMUNITY NEWSLETTER

Team Depot makes a splash at the Community Flower Garden



On July 10th 2014 the Home Depot team visited our community garden to reconstruct and remodel our community flower garden. The event took place at the community flower garden which is located at 6 Glamorgan Avenue. The event was open to all the residents who live around the community garden.

Helen, our event manager mentioned, "We had a great turnout for our event". Members of our community garden came out to give a hand as well as members from Dorset Park Community. Everyone worked so well together and the job was done in good time. Team Depot appreciated the cool watermelon that

was served while the members worked hard and everyone had pizza for lunch. Thanks again to Team Depot from Ellesmere/ Warden and the Dorset Park Residents for a job well done! The event seemed to be very well organized.

Tracey Coggins an active resident of Glamorgan Avenue stated, "The Home Depot team was very helpful and they did a great job as well as being very

organized". Helen, organized the event very well and everything took place on time. Everyone knew their jobs and at the end the results were excellent." It looks like everyone was very impressed with the Home Depot team and the event organizer.



Maha Daas, an active member of Dorset Park Community Garden very happily said, "The Home Depot team brought soil and flowers for our garden, and they also made a beautiful fence around the flower garden with wood. We as residents helped too, we helped them clean the entire garden, we removed all the weeds and planted the flowers. Overall, we were a great team together!" All the residents appeared to be

very satisfied and happy by the flower garden at the end. Looks like all their hard work paid off.

The event was very successful; our community flower garden looks very beautiful. We are hoping to have another collaboration with the Home Depot soon.

Thanks to Helen and Shikha



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Dorset Park Community Hub

The Dorset Park Community Hub is busy this summer hosting and running a variety of programs and services including a children's summer program, senior's yoga, computer classes and much more. We will also be starting up a variety of programs for seniors so please stop by and visit for more information. We are also looking for volunteers to participate in our Community Sweep which will take place on Tuesday August 19th. On this day staff and community members will be hitting the streets of Dorset Park to spread word about the hub to the community as well as will be looking for input as to what else can be done out of the hub.

The Dorset Park Community Hub is one stop shop that hosts a variety of programs and services such as employment services, a food bank, child-parent drop ins, senior programs and much more. We are open from Monday to Friday from 9am to 6pm. Please visit us at 1911 Kennedy Road, Unit 105 or call 416-292-6912 for more information.

Thanks to Laura Harper

McGregor Park is getting a new playground!!!

More than 200 volunteers from Foresters[™], the City of Toronto (@TorontoComms) and Agincourt Community Services Association (@AginComServices), organizers from KaBOOM! (@kaboom) and residents of the Toronto community will join forces on August 9, to give area kids the childhood they deserve by building a new playground at McGregor Park. The design is based on children's drawings created at a special design event in May. If you are interested in volunteering or want to learn more please contact Ridaa Khan at 416-292-6912, ext 248 or email volunteer.coordinator@agincourtcommunityservices.com

Thanks to Laura Harper

Young Parent Hub

The Young Parent Hub is a program provided by Rosalie Hall for youth up to 25 years of age that are pregnant and/or parenting. This program is provided every Monday and every Thursday from 4:30pm-6:30pm.



Monday's program includes a Fathers Group (Just Dads) for young men with children ages 0-6, looking for resources about fatherhood, family, employment, life with children and/or partner etc. The Growing Healthy Together Prenatal Nutrition Program and Living and Learning with Baby are also on Monday nights at Rosalie Hall.

Thursday's program, Parents V.I.B.E (Vision Inspired By Each other) for anyone who is pregnant and/or parenting. This group is not just for women. Men who are fathers or expectant fathers can attend as well. Parents V.I.B.E offer groups on various healthy living topics and fun activities along with a light dinner.

Both programs are held at Rosalie Hall 3020 Lawrence Avenue East from 4:30pm-6:30pm. For further information please contact Emelda Hodiwala, Community Counsellor @ 416-438-6880 ext 225

Thanks to Emelda Hodiwala







ANC Resident Action Grants Approved !!!

Dorset Park Multicultural Community Kitchen

The Dorset Park Community Kitchen will be the place where 20 women will meet once a week to learn how to cook different cuisines from east to west and, at the same time nutrition meals. It will be a place where women build and enhance cooking skills, share experiences and learn more about catering.

The Dorset Park Community Kitchen will be unique because the participants are coming from different cultures, backgrounds, ages and areas in Dorset Park.

There will be around 20 cooking class sessions in total that will teach women about different dishes from around the world such as Arabic, Chinese, Indian, Tamil, Italian, Somalian, Farsi and so much more. In addition it will provide a way for them to start catering.

Explore knowledge

The project team will organize a trip to Niagara Falls for families in our neighbourhood who have not experienced the Falls in the past as well as for the newcomers who want to visit but can't afford to go. Furthermore we are also planning to visit:

(Geologic Formations of Niagara Falls, Queen Victoria Park and Clifton Hill)

The project is planning to invite 220 residents to come and enjoy the trip during the summer and explore more about one of Canada's famous landmarks. The entire Dorset Park neighbourhood from north to south (Glamorgan, Antrim, Canlish, McGregor, Lawrence and Kennedy, etc) are welcome to come and join us.

Buses will be available and each seat cost \$10.00 per person

Dorset Park Sport Club

The project will provide sports activities and programs to the children in the neighbourhood that need to be busy, active, and healthy during summer. The club will take place once a week from July 10 until September 11 at the Glamorgan Junior Public School field and the Glamorgan Park basketball court. The team expects, 80 children to attend the club. The club will be available to children from 6-12 years old and is open to boys and girls who live in our neighbourhood. The plan is to have a soccer and basketball league for 2 different age groups. The first group will be for 6-8 years old and the second will be for 9-12 years old.

Sewing Club for Canlish Families

The project will allow women of all ages to make new friends while practicing and learning sewing skills from an instructor and from each other once a week. The instructor will also give lessons on how to use the machine in different ways and create useful and creative items. The project will take place every Saturday to allow every age to join and learn how to sew and build skills so that they are able to find a job. The program will be open to everyone in the Dorset Park community.

Please contact **Abeer Ali** @ 416-302-3089 if you are interested in any of the above programs/initiatives

Dorset Park VOTES!

SAVE THE DATE: MONDAY OCTOBER 27

Election Day is three months away on Monday October 27, 2014, where residents and businesses in Dorset Park will be able to help decide who will represent us as Mayor, at City Council, and on our local school boards.

Leading up to voting day, activities being planned for September and October to help spread neighbourhood awareness of the choices in this election include:

- Door to door knocking and talking with neighbours
- Registering people to vote
- Events with candidates in the community
- **Petitions**
- Communications with residents and media about issues important to Dorset Park and what the different election candidates plan to do.

Email <u>bryan.heal@gmail.com</u> if you would like to help with any of the above, and follow @dorsetpark on Twitter for regular updates!

EVERYBODY CAN GET INVOLVED

Whether or not you can vote: Elections impact everyone, and all of us can influence the outcome. Do you have a candidate you like and want to help win? Do you have an issue that all of the candidates need to know about?

From talking to your friends and neighbours, volunteering with one of the campaigns, or helping organize and local activity or event on your street – there has never been more opportunities to get involved with the elections, and we want to help find the right one for you!

"Volunteering is the purest form of democracy." - Anonymous

Thanks to Bryan Heal

Voterlookup @ 20 Antrim Crescent

Voterlookup.ca is an application created by MPAC - the Municipal Property Assessment Corporation which allows Toronto residents to find out whether their information is confirmed and updated for the upcoming municipal and school board elections. www.voterlookup.ca

It is an online service used to build and maintain information that will be used in the preparation of the final Voters' Lists across Ontario. Users can also change/update their school support for electoral purposes and add their names to their property address. Once you are on the voters' list, you automatically receive the Voter Information card that you can take to the poll. This application allows for a much more simplified way to get on the list and it only takes a few minutes to check.

Please join us on Tuesday August 5, 2014 4:30 p.m. to 7:30 p.m. in the lobby of 20 Antrim Crescent to get yourself on the list.

Be Sun Safe

Many of us enjoy spending time outside when the weather gets warmer. However, the sun can be damaging. We all need protection, but children are at a higher risk for overexposure to ultraviolet radiation (UVA) compared to adults because they have more sensitive skin. They also may not have the knowledge and ability to protect themselves. Make outdoor activities fun and safe by protecting you and your family from the sun.

To be sun safe you can:

- Limit time in the sun when the UV Index is 3 or greater.
- Seek shade when outdoors.
- Wear a hat with a wide brim to shade the face and neck.
- Wear loose fitting, tightly woven clothing to cover exposed skin.
- Wear UVA and UVB protective sunglasses.

Apply a broad-spectrum sunscreen with SPF 15 or higher prior to sun exposure. Use SPF 30 or higher when outdoors for a longer time. Reapply every two hours or after swimming or sweating.

For more information, call Toronto Health Connection at 416-338-7600 or visit www.toronto.ca/health

Thanks to Randa Bronte-Tinkew

Toronto Employment & Social Services (TESS)

Toronto Employment & Social Services (TESS) connects job seekers and employers across the city. We can help you find a job or the training you need to find work, access financial benefits through the Ontario Works program, and connect to health, housing, childcare and other services. There are 19 TESS offices in communities across Toronto, where you can come to a wide range of workshops for job seekers, find information on recruitment events and job fairs, get referrals to training and other programs, and get one-on-one help with resumé writing, interview skills and more.

Visit toronto.ca/employmentandsocialservices for more information on our services.

Thanks to Claudia Russell-Placencia



Dorset Park Neighbourhood Association

Vision:

We dream of a safe Dorset Park where people know their neighbours, take pride over their community and are able to access programming.

Priority Areas:

1. Safety

- 2. Program/Services
- 3. Food Security/Unification
- 4. Employment

If you would like to get involved, please call 416-292-6912 or email us at dorsetparkna@gmail.com.

www.DorsetPark.com

Everything about the Community



Call for Submissions

The Dorset Park Community Newsletter is calling for submissions focusing on safety, programming, food security, beautification, programs, employment and or other topics of interest to the Dorset Park community. Please email your submission to

gmalsan@agincourtcommunityservices.com

416-292-6912 ext 316

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