



Success
Through
Aggression
Replacement
Training...

START for life!

Do you struggle to get people to listen to you ?
Do others not understand you ?
Does your anger make you say or do things that you later regret ?
If so, we have the program for you!

START CAN HELP YOU TO...

- ① Learn skills to manage difficult situations
- ② Develop anger control strategies
- ③ Make decisions that reflect positive values

NEXT SERIES: May, 25 to July 27, 2017

Where: Tropicana's Centre of Excellence, 1385 Huntingwood Drive
Cost: \$150.00 - to be considered registered in the program all fees must be paid in full prior to start date

Includes: 1 pre-program interview, 3 individual consultations, 10 group sessions, and much more!

Tropicana is the only Canadian organization licensed to train START practitioners.

- YouthSTART (Youth 9-13)
- START Fresh (Youth 14-18)
- START 4Life (Adults & Caregivers 19+)
- ART Facilitator Training Seminars (Certification) - 3 days- Spring & Fall Sessions

For more info call:
416-439-9009
 or
 Fax: (416) 439-2414

www.tropicanacommunity.org

